



## IMA TELlichERRY NEWS LETTER – APRIL 2020

### **MISSION COVID 19**

- 21.04.2020: IMA Thalassery has donated PPE Kits worth Rupees 1,00,000/- (One Lakh only) to Thalassery Govt Hospital. The kits were handed over to Sub Collector Asif and Dr. Piyush Namboothiripaad in the presence of MLA Adv. Shamseer by Dr. Sajeev Kumar (President IMA Thalassery) and Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery) and Dr. Sharath K E (Treasurer IMA Thalassery).



- Dr. Jayakrishnan Nambiar and Dr. Sajeev Kumar personally discussed with MLA and MP. MLA Adv. Shamseer pledged projects worth 3.5 crores for health sector which include Oxygen generator at General Hospital and many projects to upgrade PHCs. MP. K Muraleedharan pledged oxygen generator at Malabar Cancer Centre.

- IMA Thalassery in association with Kannur Psychiatry Guild started Tele consultation for health workers to ward off stress associated with Covid work load. Ten psychiatrists in Kannur are helping health workers from Kannur and Kasargod district. Got many calls from Asha workers to Doctors from these two districts.
- IMA Members, COVID-19 Pandemic control activities, co-ordinated by Dr. Dhanya Chandran, WDW, Treasurer. Field activity in area under PHC Peringalam, Panoor Municipality which is a hotspot.



### **Activities for members during COVID-19 Pandemic days:**

The PST & Co-ordinator decided to elevate the mental status of our ladies & kids during this lock down, by bringing out the various talents & achievements in the form of a magazine, which will be made

memorable for the children tied up at home. Relieve the stress amongst our members. Already received many posts through mail & whatsapp.

Members were informed during the rough phase which we will surely overcome, by joining together & exploring ourselves, our inborn hidden talents & to keep our children engaged. To send –

1. Poems, stories, cartoons, craft, recipes, Autobiography, pencil sketches, paintings, Any unforgettable experiences, jokes, Adventures, travelogue, articles on parenting etc. Cross words, quiz, riddles, beauty tips, health tips-exercises, diet, stitching tips, creativity-jewellery making, handicraft, tips on gardening etc.

2. Achievements achieved by our children & ladies during our tenure 2019-2020. –Awards, recognitions etc.

assistants & all involved in COVID-19 ICU duty. Due to some delivery issues delayed. Dr. Sreeja Viswan sponsored payasam to the health workers on duty at COVID-19, GH, Thalassery. A warm gesture for our frontline warriors, to appreciate & to assure that we are together, these hardships will pass away soon & you will be back with your family.



### **11/04/2020: SAFE MOTHERHOOD DAY**

Dr. Dhanya Chandran, conducted an awareness class maintaining social distancing on the topic “Safe motherhood” during COVID-19 Pandemic. Class was conducted at PHC Peringalam for pregnant ladies.

## **OBSERVATION OF IMPORTANT DAYS**

### **07/04/2020 : WORLD HEALTH DAY**

Just as we can get rid of this pandemic by staying home, we can in turn show our concern to our frontline warriors by providing protective equipment's & short comings noticed. As part of the -“World health day” WDW, has ordered Face shield worth Rs. 5,000/- to the health workers of Government General Hospital, Thalassery. Beneficiaries include Doctors, nurses, nursing



**SPECIAL PROJECTS OF THE  
BRANCH**

**IMA Pain & Palliative Care Society  
& Pain Clinic at Govt. General  
Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

**Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

**Mutual Benefit Scheme**

A scheme for members conducted every year, through which members as well as the association is benefited.

**MISCELLANEOUS**

**Nammude Arogyam:**

Thalassery IMA has been the largest subscriber for Nammude

Arogyam. 1660 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.